



**CENTRE INTERFACULTAIRE
DE GÉRONTOLOGIE**



**Centre lémanique
d'étude des parcours
et modes de vie**

MARDI 15 MARS 2005

10 :15 à 11 :00

Uni Mail - salle 1170

Gisela LABOUVIE-VIEF

Wayne State University Detroit

fera un exposé sur le thème:

***The Dynamics of Cognitive-Emotional Integration
in Adulthood and Later Life***

This talk summarizes a research program on dynamic cognition-emotion relationships along the adult life span. The core proposal is that as in development representations increase in cognitive complexity, the affective dynamics of self in relation to the social world are dynamically reorganized into more integrated cognitive-affective systems. Since such reorganizations are dependent on cognitive and socio-emotional resources, individuals can vary in their level and degree of integration. A series of studies suggest that the capacity for integration increases until late midlife, but is challenged by the onset of later life changes in cognitive resources and executive control. Further, integration for individuals at any stage of adulthood may be compromised by non-optimal patterns of emotion regulation, such as those related to attachment styles. The resulting variations in integration have significance for describing optimal developmental pathways from young to late adulthood, as well as individual differences in those pathways.

Recommended Reading:

Labouvie-Vief, G. (2003). Dynamic Integration: Affect, Cognition, and the self in adulthood. *Current Directions in Psychological Science*, 12, 201-206.

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