

## DR. Catherine Bassal

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Date of birth : 16.02.1966

Nationality : Swiss

### **Current position**

**University of Geneva :** Research associate, Center for the Interdisciplinary Study of Gerontology and Vulnerability (CIGEV).

### **Current and Recent Projects**

- **SCP**: Implementation of Person-Centred Care for patients with dementia in a transition unit at the Hospital of Loëx (HUG). Position: Principal investigator.
- **PACE**: Palliative Care for Older People in care and nursing homes in Europe and Switzerland. Position: Senior researcher (2015-2018).
- **AGE-NT** : Cluster Dementia, User-Centric Technology in the Care of People with Dementia Project. Position: Research associate (2018).
- **VOLUNTEERS-MONTESSORI** : Implementation of the Montessori personalized activities by volunteers for people with dementia living in nursing homes. Position: Principal investigator (2016-2018).
- **SHURP** : Swiss Nursing Homes Human Resources Project. Position: Senior Researcher (2011-2013).

### **Education**

- 2002-2008 **PhD in Psychology.**  
*Dissertation Research:* « Structural analysis of nonverbal communication in Alzheimer disease patients in the context of animal assisted therapy”. Director: Professor Susanne Kaiser, *University of Geneva.*
- 1997-1998 **MAS in Thanatology.**  
*University of Quebec in Montreal, Canada*
- 1994-1997 **Master of Science in Psychology**  
*University of Lausanne, Switzerland*
- 1989-1990 One-year study abroad  
*American University in Cairo, Egypt*
- 1990-1994 **Bachelor of Science in Psychology**  
*University of Lausanne, Switzerland*

### **Academic Positions**

- 2018- **Center for the Interdisciplinary Study of Gerontology and Vulnerability (CIGEV):** Research associate.
- 2015- **Geneva University Hospital (HUG):** Senior researcher in the PACE Project.
- 2006-2014 **School of Health Sciences Fribourg, University of Applied Sciences Western Switzerland (HES-SO)**  
*Professor:* Research and teaching in normal and pathological ageing. Current research project in collaboration with University of Basel (INS, SHURP): “Role of the Work Environment on the Emotion Regulation of the Care Workers in Swiss nursing homes”. The project was currently granted by the Swiss Alzheimer Society.

- 2004-2005 **Centre of Neuropsychology, University of Geneva and Geneva University Hospital**  
Research assistant: Professor Nicole von Steinbüchel  
 Research on the QoL of patients suffering from Alzheimer-type dementia. Tasks: recruitment, data collection, and data analysis
- 1998-2004 **Department of Human Ethology\* and Psychology of Emotion\*\*, University of Geneva**  
Research and teaching assistant: Professor Jacques de Lannoy\* et Professor Susanne Kaiser\*\*  
 Research projects and teaching in the domain of nonverbal communication, animal and human ethology, learning theories.
- 1999-2000 **Department of specialized pedagogy, University of Fribourg**  
Senior lecturer : Responsible for a course in thanatology titled« Our relation to death »

### **Grant**

- 2018 Research Project: Implementation of Person-Centred Care for patients with dementia in a transition unit at the Hospital of Loëx (HUG). Leenaards Foundation and Private Foundation of the Geneva University Hospital.
- 2016 Research Project: Pilot study Volunteers-Montessori, Direction générale de l'action sociale (DGAS - Genève).
- 2013 Research Project: The Role of Work Environment on Emotion Regulation of formal carers in Swiss Nursing Homes. Alzheimer Association Switzerland, Grant for research.
- 2007 University of Lausanne grant for postgraduate studies to University of Montreal in Quebec, Canada.

### **Reviewer**

- Aging & Mental Health
- Gerontology
- European Journal of Ageing
- Revue Internationale Enfances Familles Générations

### **Committees Member**

- International French-speaking Association of Gerontology and Geriatrics (AIFGG)
- Organization committee of the [CIFGG 2018 Congress](#).
- [Plateforme des Associations d'Aînés de Genève](#)

### **Last Publications & Communications**

- Smets, T., et al. (2018). Integrating palliative care in long-term care facilities across Europe (PACE): protocol of a cluster randomized controlled trial of the 'PACE Steps to Success' intervention in seven countries. *BMC Palliative Care*, 17(1), 47. doi: 10.1186/s12904-018-0297-1
- Hirt, J., Bassal, C., Hering, A., Ballhausen, N., Kliegel, M., & Beer, T. (2018). Person-centered robotics for people with dementia: a protocol for an integrative review. Paper presented at the 11th International Scientific Conference. Inter-Professional Integration at Different Levels of Healthcare: Trends, Needs and Challenges, Bled, Slovenia.
- Bassal, C., & Erkes, J. (2017). Le projet "Bénévoles-Montessori": Une étude pilote réalisée à Genève. *Angewandte Gerontologie Appliquée*, 2(2), 35-36.
- Bassal, C., Dan-Glauser, E., & Zúñiga, F. Emotion Regulation in Caregivers of Residents with Dementia: The Use of Specific Strategies Associated with Personal and Environmental Variables. *Manuscript submitted for publication*.
- Bassal, C., Czellar, J., Kaiser, S., & Dan-Glauser, E. S. (2015). Relationship Between Emotions, Emotion Regulation, and Well-Being of Professional Caregivers of People With Dementia. *Research on Aging*, 38(4):477-503.
- Bassal, C., Schenkel, K., & Kaiser, S. (2013). Approche éthologique de la régulation émotionnelle. In M. Mikolajczak & M. Desseilles (Eds.), *La régulation émotionnelle*. Bruxelles : De Boeck.